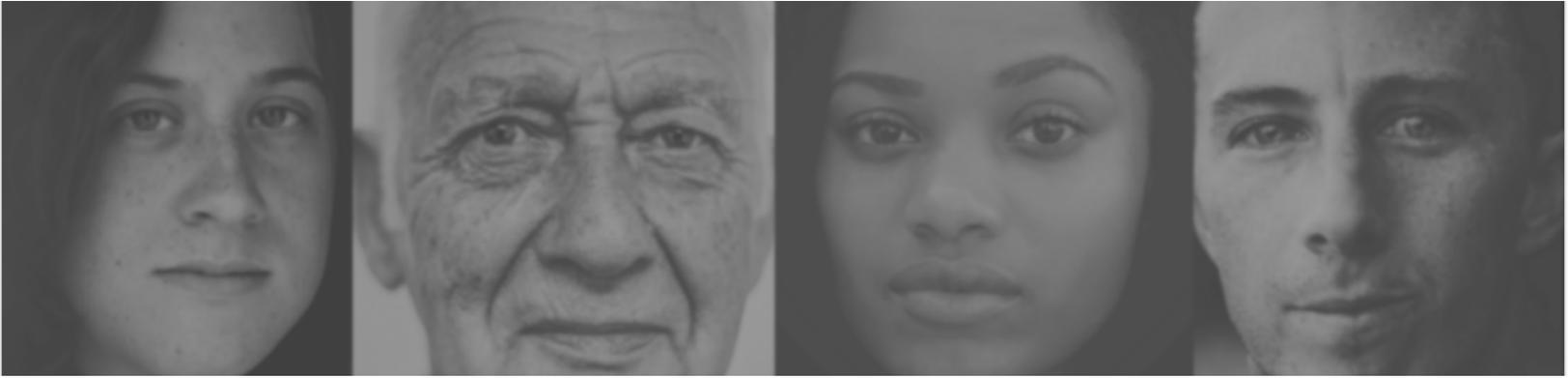


# The Opioid Public Health Crisis (OPHC) Course



## Course Description

The Opioid Public Health Crisis (OPHC) course will provide you with foundational knowledge on this nationwide health crisis and solutions and actions to take to reduce the epidemic's effect.

This course is for individuals, parents, healthcare professionals and groups and organizations who are working to prevent and reduce the effects of the opioid public health crisis. This is ideal for groups who serve individuals at risk for an opioid misuse/addiction or overdose.

This includes, but not limited to:

Businesses, coalition and community members, correctional facilities, educators, faith groups, government, health care professionals, parents and caregivers, pharmacies, school nurses, senior living facilities, sober living communities, treatment and recovery centers, etc.

The training course provide the necessary information to understand and address the potential misuse of opioids, risk factors, and suggested prevention and reduction methods.

**When deployed across a community, or state, it results in all key stakeholders carrying the same awareness and knowledge level and improves cross-channel collaboration and results.**

## What You Will Learn

You will acquire an in-depth understanding of the opioid public health crisis – what is occurring, how we arrived here, the contributors and risk factors. You will learn how to recognize the signs of an opioid overdose and how the opioid reversal drug Naloxone works. The course will conclude with a review of the multi-faceted solutions model that states and communities are applying to reduce the effects of the health crisis.

## Pre-Requisite

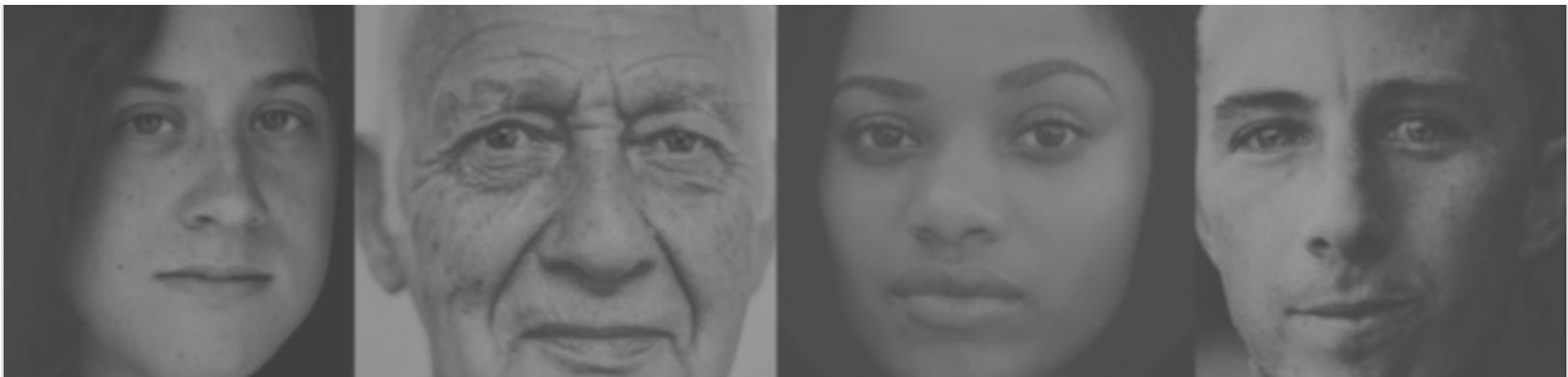
There are no pre-requisites for this course. We recommend you consider: "The Brain and the Disease of Addiction" online course (\$15.00) for a working understanding of the chronic disease of addiction.

## Certificate of Completion

This course includes a "Certificate of Completion" delivered upon achievement of 80% minimum passing grade on the final exam.



# The Opioid Public Health Crisis (OPHC) Course



## Course Outline

- I. Drug Classifications
- II. Brief Review of Addiction / Substance Use Disorder
- III. Opioid Overview
  - A. The Opioid Family of Drugs
  - B. Opioid Misuse and Addiction
- IV. The Overdose Epidemic
  - A. Data, Trends and Impact
- V. Contributors and Risk Factors
  - A. Prescribing Factors
  - B. Misrepresentation of Opioid's Addiction Risks
  - C. Paths to Prescription Pain Medicine Addiction
  - D. Paths to Heroin Use
  - E. Further Reading
  - F. Young Adults / Youth Risk Factors
  - G. Signs of Heroin or Prescription Opioid Misuse
- VI. Solutions
  - A. Education and Prevention
  - B. Safe Prescribing Guidelined
  - C. Manage Prescriptions
  - D. Data and Prescription Drug Monitoring Program (PDMP)
  - E. Screening and Early Intervention
  - F. Reduce the Stigma Associated with Addiction
  - G. Harm Reduction
  - H. Treatment and Recovery
- VII. Recognizing and Preventing an Opioid Overdose
  - A. Who is at Risk of an Overdose
  - B. Factors that Increase Heroin Overdose
  - C. What Does an Opioid Overdose Look Like
  - D. What is Naloxone
  - E. How Opioids Affect the Central Nervous System
  - F. How Naloxone Stops and Overdose
  - G. Naloxone Access and Laws
  - H. Naloxone Delivery Devices
  - I. General Naloxone Information
- VIII. End Notes and Resources

## Training Options

On-Demand, self-directed online course with certificate of completion.

On site and Live Online Training is available for groups of five or more. Please contact [training@overdose-lifeline.org](mailto:training@overdose-lifeline.org) for information and a custom quote.

## Individual Course Pricing

Recommended Pre-Requisite Training: The Brain and the Disease of Addiction online training course with certificate of completion – \$15/person

Opioid Public Health Crisis (OPHC) course with certificate of completion. \$35/person

Optional - Course Kit: \$45/kit  
Printed course material, 75 pages

TOTAL: \$35/person, w/ course kit \$80/person  
\$15/person additional for "The Brain and Disease of Addiction" online course

