

# PREVENTURE Program

## Personality Targeted Approach

### Adolescent Substance Use Prevention

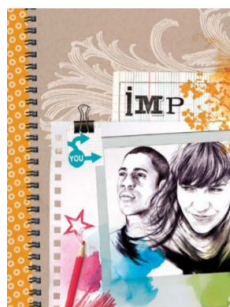


The Division of Mental Health and Addictions (DMHA) awarded Overdose Lifeline, Inc. a grant as part of their efforts to reach low-income adolescents and their families through evidence-based prevention education programming. The grant allows Overdose Lifeline staff to be trained in the PREVENTURE program and implement a pilot study across seven counties in Indiana.

## Summary

The PREVENTURE Program was developed by Dr. Patricia Conrod, professor of psychiatry at the University of Montreal,

PREVENTURE is a school-based intervention aimed at reducing adolescent drug and alcohol use in high-risk teenagers. Students with high-risk personality profiles as identified by a screening questionnaire are invited to participate in two 90-minute group workshops. The workshops focus on motivating adolescents to understand how their personality style leads to certain emotional and behavioral reactions. Four different workshops are run, each focused on developing specialized coping skills relevant to following personality styles:



- Sensation seeking
- Impulsivity
- Anxiety sensitivity
- Negative thinking.

The Overdose Lifeline pilot study of the PREVENTURE Program will run August 2017 through March 2019. For more information on the study or how you can bring the program to your community send us an email at [contact@overdose-lifeline.org](mailto:contact@overdose-lifeline.org).

